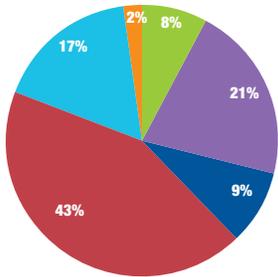


ARTS FY 2012-2013 FINANCIALS

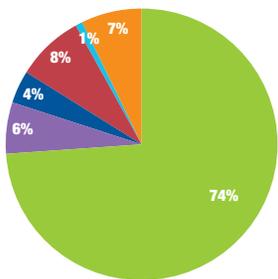
REVENUE:



Federal and State Grants	\$ 1,282,336
Signal Behavioral Health Network	3,327,834
Approved Provider Services	1,491,378
Fee for Service Contracts	6,956,894
Client Fees/Insurance	2,736,620
Donations/Fund Raising	396,876

TOTAL: \$16,191,938

EXPENSES:



Personnel	\$11,944,528
Facilities	1,015,526
Operating Expense	631,229
Client Supplies	1,235,465
Purchased Services	78,307
Administrative-UCD Indirect Costs	1,286,883

TOTAL: \$16,191,938

OUR MISSION: To improve the quality of life and productivity of individuals and families affected by substance abuse, dependence, and co-occurring mental health disorders through the application of scientifically supported prevention, education, and treatment services.

OUR TREATMENT PHILOSOPHY: Substance abuse and dependence are biopsychosocial behavioral disorders that can be severe and in some cases chronic, and the broad aim for ARTS is to reduce the morbidity and mortality associated with these disorders.

The net result of successful treatment has societal benefits as well: Reduced criminality and related social costs; reduced risk of HIV infection and other costly medical problems; and interruption of the intergenerational pattern of drug abuse and dependence.



UNIVERSITY OF COLORADO DENVER

3738 West Princeton Circle, Denver, Colorado 80236
303.761.6703 • www.artstreatment.com

OUR PROGRAMS & SERVICES

PEER 1

Peer 1 is a 125-bed Therapeutic Community long-term residential substance abuse treatment program for men located on the Fort Logan campus. For 40 years Peer 1 has been serving adult males with chronic histories of substance dependence and related anti-social behavior. The majority of clients are referred from the criminal justice system. Peer 1 addresses substance dependence, criminal behavior, co-occurring mental health disorders, and the multiple other areas of life functioning that are affected by addiction to drugs. The primary goal for Peer 1 is to facilitate individual changes and positive growth for each client. This goal is achieved primarily by the community of peers residing and working together to help themselves and each other. Peer 1 clients assume a major role in managing the TC; serving as positive role models for other more recently admitted clients. Thus, while evidence-based interventions are incorporated into the treatment regimen, in the TC, "the community is method," meaning that much of the behavioral change evidenced in this program is achieved through the client community and milieu.

Peer 1 Outpatient Therapeutic Community (OTC) is a continuing care model for men from Peer 1 and women from The Haven who progress from the residential treatment program to a non-residential status. The Peer 1 outpatient component is a minimum of one-year or until a client fulfills their legal obligation. The primary goal of the OTC is to foster and support positive reintegration into the community. Services are gender specific and include educational and therapy groups, parenting classes and family activities. The OTC program also assists with clients with housing as they transition to the community.

ACCOMPLISHMENTS THIS PAST YEAR:

- The Peer 1 program was again rated number one in State of Colorado Community Corrections Risk Factor Analysis, Year 9 statewide results in October, 2013. The risk factor analysis is a multi-dimensional review of program performance on 25 independent measures.
- Continued to increase admissions for the Department of Corrections inmates transitioning from prison-based therapeutic communities.

- Added beds to their housing component for clients leaving residential on the grounds of Fort Logan. This component helps to stabilize program clients, especially in regards to financial obligations, prior to securing an independent living arrangement as they gradually transition back to their communities.
- Peer 1 places much emphasis on helping clients develop a sense of community responsibility to make amends for past community transgressions as they contribute to the common good. This year, Peer 1 staff and client volunteers participated in several community projects to help give back to the community including:

- Denver Annual AIDS Walk.
- Visited local nursing homes.
- Performed Christmas carols in downtown Denver and distributing food and clothing to homeless individuals.
- Assisted community churches and homeless shelters with small-scale improvement projects.
- Raised funds and sponsored a child through Save the Children Foundation.
- Provided drug education and awareness programs to local community, high school and college audiences.

SYNERGY ADOLESCENT TREATMENT SERVICES

Synergy Adolescent Treatment Services is the adolescent continuum of services within Addiction Research and Treatment Services. Synergy serves adolescents with substance use, conduct and other co-occurring psychiatric disorders. Synergy emphasizes best practice of integrated treatment for substance and mental health disorders and treatment of the adolescent in the context of the family by offering psychiatric evaluation and family therapy at all levels of care. The Synergy continuum of services includes a Residential Child Care Facility/ Modified Therapeutic Community for adolescent males. Outpatient Services include traditional outpatient services and various evidence based practices

(Continued on reverse side)

OUR PROGRAMS & SERVICES (CON'T.)

provided in the clinic, home and/or community: Adolescent Community Reinforcement Approach (ACRA)/Adolescent Continuing Care; Multisystemic Therapy and a structured Day Treatment with therapeutic milieu, which can be combined with Multisystemic Therapy. Both Day Treatment and the RCCF have onsite fully Colorado Department of Education approved schools with core curriculum and also online course and credit recovery.

ACCOMPLISHMENTS THIS PAST YEAR:

- Two Synergy students, one at residential, one at the day treatment program, were encouraged to by their teachers to submit essays to College In Colorado and were selected for awards including a \$1,000 check each to use for college!!
- Selected to be a provider partner with Denver Department of Human Services in a learning collaborative and training to provide Alternatives for Families: A Cognitive-Behavioral Therapy (AF-CBT)
- Hosted "Drug/Alcohol Treatment, Information for Professionals" for our stakeholders with Synergy, Department of Psychiatry, School of Medicine and County Social Service Partner Experts
- Invited to host with Douglas County DHS, Synergy and School of Medicine personnel presented "Trends in Opioid Dependence and Adolescent Levels of Care" for Douglas County human services, 18th JD, probation, school personnel, youth serving agencies
- Awarded a Justice Assistance Grant (JAG) to implement a trauma informed, evidence based practice for adolescent clients in Synergy Residential and Day Treatment Programs

THE HAVEN

The Haven is a residential Modified Therapeutic Community (MTC) which provides treatment for women with chronic substance use disorders and co-occurring mental health. The Haven has capacity to treat 65 women with 16 beds at the Mother's House dedicated to treating pregnant women. Clients with infant children can reside with their mothers during treatment and receive specialized services through our licensed and quality rated child care center, The Baby Haven. While specializing in the care of drug exposed infants, the Baby Haven provides child care services to children in the community and provides integrated services so that Haven clients and community families can interact and engage in family partnership activities. While in treatment, clients receive services that not only focus on recovery from substances and maintenance of mental health, but treatment that focuses on social functioning, education/vocational skills, and positive community and family ties. Participants learn to be accountable to the TC community through a hierarchical model of treatment stages that reflect increased levels of personal and social responsibility. Clients receive evidence-based, on-site structured programming that includes: drug and alcohol treatment groups, cognitive and behavioral therapy, contingency management, specialized parenting and interactive groups, coping skills and dialectical behavioral therapy.

ACCOMPLISHMENTS THIS PAST YEAR:

- Through the Friends of the Haven, a non-profit 501C3 which provides fundraising and supportive services to the Haven, 22 clients received a combined total of \$47,041.81 toward treatment scholarships. These treatment scholarships are awarded to clients who may have lost funding during their course of treatment or who needed assistance to cover medications or child care costs.
- The Haven was awarded a Caring for Colorado grant. This grant made it possible for the Haven to expand its mental health internship program. Ten interns and two psychiatric interns received supervision and education on how to provide substance abuse and mental health services within a TC. Additionally, clients were able to benefit from receiving individual services faster, and the grant has allowed for every client to receive specific mental health assessments upon entry into the program.
- In a recent survey of 80 post-graduates of The Haven, 90% reported being employed, 90% had a GED or higher, 84% reported having custody of their children, and all reported learning life skills through cognitive restructuring, improved self-discipline and self-esteem.
- The Baby Haven provided monthly family partnerships to engage parents from both the community and clients in treatment to participate in their child's education and growth. Monthly partnerships include holiday events, educational presentations and conferences.
- Clients participated in a number of community give back events including

but not limited to assisting and setting up for the Special Olympics, helping clients and staff at Urban Peak and Mi Casa, serving the homeless through the Denver Rescue Mission, helping at local nursing homes, participating in gardening projects through Grow Colorado, and caring for horses through Zuma's Rescue Ranch which provides equestrian therapy for children in the foster care system.

ARTS ADULT OUTPATIENT

ARTS Adult Outpatient drug addiction and alcoholism treatment programs offer comprehensive drug and alcohol treatment services to individuals whose lives have become unmanageable as a result of substance abuse. Our goal is to introduce them to a new way life.

Our broad network of services range from Methadone and Suboxone medication-assisted treatment for opioid dependence, to specialized substance abuse treatment services for individuals who are HIV positive. The ARTS Adult Outpatient Program offers a number of specific evidence-based treatment interventions that have been demonstrated to be cost-effective for adults with substance abuse and dependence. Services are accessible and convenient, located in four clinics across Denver, Aurora and Lakewood. Our programs are staffed by experienced professionals including certified addictions counselors, licensed social workers, licensed professional counselors, psychologists, physicians and nurses.

MEDICATION-ASSISTED TREATMENT

Aimed at eliminating heroin and other opioid use among opioid dependent persons, the ARTS Medication-Assisted Treatment (MAT) program provides patients with a variety of behavioral, psychosocial and pharmacologic treatments. The program, guided by the latest in scientific evidence concerning effective treatment interventions, specializes in Methadone and Suboxone treatment for opioid dependence.

The *ARTS Parkside Clinic* in Denver provides MAT, using Methadone, Suboxone, Buprenorphine and Antabuse in combination with counseling to treat specific addictions, including opioid dependence and alcoholism. This clinic is staffed by nurses and counselors, with physicians on site at specifically scheduled hours.

The *Specialized Outpatient Services* program is located in Denver and provides individual, group and family counseling for women, offenders or individuals with HIV and substance abuse problems. Services include case management to assist with problems associated with substance abuse, including medical services, transportation, child care, advocacy with courts, housing, food stamps, and educational and vocational assessment and counseling. Specialized Outpatient Services also offers treatment for co-occurring mental health disorders.

The *Potomac Street Center* in Aurora is a full service substance abuse clinic, with specialized offender services, including DUI education and therapy, as well as specialized child welfare services. This clinic also offers MAT, including Methadone, Buprenorphine, Naltrexone and Antabuse, each medication prescribed for a specific treatment condition.

The *Westside Center for Change* in Lakewood also is a full service clinic, providing MAT, DUI education and therapy, and specialized offender and child welfare services.

ACCOMPLISHMENTS THIS PAST YEAR:

- Integration of Women's, HIV and Offender services, providing increased access to care in a centralized location.
- Collaboration with medical professionals on the unique needs of pregnant women with substance abuse issues.
- Implementation of the evidence based practice Moral Recognition Therapy within Specialized Outpatient Services clinic and our Offender Reentry Recovery Continuum.
- Continued designation with Denver Department of Human Services as a Denver EFFECT provider, in which family counseling is provided to help support families involved with Social Services.
- Medicaid enrollment activities aimed to assist patients with Medicaid and Affordable Care Act healthcare enrollment.
- The ARTS Outpatient Clinic, Potomac Street Center and Westside Center for Change received a 3-year accreditation from CARF.
- Completion of the Offender Reentry & Recovery Continuum SAMHSA grant- successfully provided treatment to over two hundred parolees and significantly reduced recidivism and relapse rates.