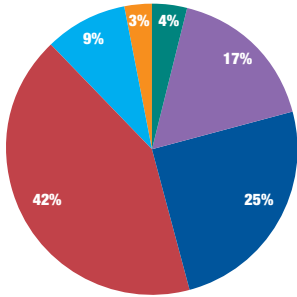


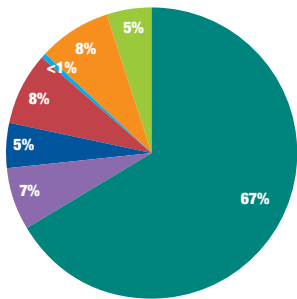
## ARTS FY 2014–2015 FINANCIALS



### REVENUE:

Federal, State & Local Grants	\$875,021
Signal Behavioral Health Network	\$2,999,104
Approved Provider Services	\$4,435,904
Fee-for-Service Contracts	\$7,662,909
Client Fees/Co-Pays	\$1,551,277
Foundation/Donation	\$532,492

**Total Revenue: \$18,056,707**



### EXPENSES:

Personnel (Salary & Benefits)	\$12,076,635
Facilities	\$1,256,999
Operating Expense	\$888,444
Client Supplies	\$1,398,678
Purchased Services	\$77,856
Administrative-UCD Indirect Costs	\$1,404,009
Carryover Funding/Reserves	\$954,086

**Total Expenses: \$18,056,707**

**OUR MISSION:** To improve the quality of life and productivity of individuals and families affected by substance abuse, dependence, and co-occurring mental health disorders through the application of scientifically supported prevention, education, and treatment services.

**OUR TREATMENT PHILOSOPHY:** Substance use and co-occurring mental health disorders are biopsychosocial behavioral disorders that can be severe and in some cases chronic, and the broad aim for ARTS is to reduce the morbidity and mortality associated with these disorders.

The net result of successful treatment has societal benefits as well: Reduced criminality and related social costs; reduced risk of HIV infection and other costly medical problems; and interruption of the intergenerational pattern of drug abuse and dependence.



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## OUR PROGRAMS & SERVICES

### ARTS ADULT OUTPATIENT

ARTS Adult Outpatient Program offers comprehensive drug and alcohol treatment services to individuals whose lives have become unmanageable as a result of substance use. The goal is to introduce them to a new way of life. A broad network of services range from methadone and Suboxone medication-assisted treatment for opioid disorders, to specialized substance abuse treatment services for individuals who are HIV positive. The ARTS Adult Outpatient Program offers a number of specific evidence-based treatment interventions that have been demonstrated to be cost-effective for adults with substance problems. Services are accessible and convenient, located in five clinics across Denver, Aurora and Lakewood. All programs are staffed by experienced professionals including certified addictions counselors, licensed social workers, licensed professional counselors, psychologists, physicians and nurses.

#### MEDICATION-ASSISTED TREATMENT

Aimed at eliminating substance abuse, the ARTS Medication-Assisted Treatment (MAT) program provides patients with a variety of behavioral, psychosocial and pharmacologic treatments. The program, guided by the latest in scientific evidence concerning effective treatment interventions, specializes in methadone and Suboxone treatment for opioid use disorders. Other medications, offered for alcohol use disorders, include naltrexone, Vivitrol and Antabuse.

*The Innovative Recovery Clinic* in Denver provides individual and group therapy with a focus on services to the criminal justice population.

*The Parkside Clinic* in Denver provides MAT, using methadone, Suboxone, buprenorphine products, naltrexone, Vivitrol and Antabuse in combination with individual and group counseling to treat specific addictions, including opioid and/or alcohol use disorders. This clinic is staffed by nurses and counselors, with physicians on site at specifically scheduled hours.

*The Specialized Outpatient Services* program is located in Denver and provides individual, gender responsive therapy, to offenders or individuals with HIV and substance problems. Services include case management to assist with problems

associated with substance use, including medical services, transportation, child care, advocacy with courts, housing, food stamps, and educational and vocational assessment and counseling. Specialized Outpatient Services also offers treatment for co-occurring mental health disorders.

*The Potomac Street Center* in Aurora is a full service substance abuse clinic, with specialized offender services, including intensive outpatient programming as well as child welfare services. This clinic also offers MAT, including methadone, buprenorphine products, naltrexone, Vivitrol and Antabuse, each medication prescribed for a specific treatment condition.

*The Westside Center for Change* in Lakewood also is a full service clinic, providing MAT, intensive outpatient programming and specialized criminal justice and child welfare services.

#### ACCOMPLISHMENTS THIS PAST YEAR:

- » Recipient of Ryan White Care Act funds.
- » Recipient of Substance Abuse and Mental Health Services Administration (SAMHSA) awards for Minority AIDS Project.
- » Cognitive Behavioral Treatment contracts with Denver Probation.
- » Partner on Time to Succeed Denver Court Project.
- » Integration of Women's, HIV and Offender services into a Specialized Outpatient Services Program, providing increased access to care in a centralized location.
- » Collaboration with medical professionals on the unique needs of pregnant women with substance abuse issues.
- » Implementation of the evidence-based practice Moral Reconation Therapy within Specialized Outpatient Services clinic and Innovative Recovery Clinic.
- » Medicaid enrollment activities aimed at assisting patients with Medicaid and Affordable Care Act healthcare enrollment.
- » The ARTS Parkside Clinic, Potomac Street Center and Westside Center for Change received a 3-year accreditation from CARF.

(Continued on reverse side)

## THE HAVEN

The Haven is a residential Modified Therapeutic Community (MTC) which provides treatment for women with chronic substance use disorders and co-occurring mental health. The Haven has capacity to treat 36 women with 16 beds at the Mother's House dedicated to treating pregnant and parenting women. Clients with infant children can reside with their mothers during treatment and receive specialized services through the Haven's licensed and quality rated child care center, the Baby Haven. While specializing in the care of drug exposed infants, the Baby Haven provides child care services to children in the community and integrated services so that Haven clients and community families can interact and engage in family partnership activities. While in treatment, all clients receive services that not only focus on recovery from substances and maintenance of mental health, but also on social functioning, education/vocational skills, and positive community and family ties. Participants learn to be accountable to the therapeutic community through a hierarchical model of treatment stages that reflect increased levels of personal and social responsibility. Clients receive evidence-based, on-site structured programming that includes: drug and alcohol treatment groups, cognitive behavioral therapy, specialized parenting and interactive groups, coping skills, and dialectical behavioral therapy.

### ACCOMPLISHMENTS THIS PAST YEAR:

- » Friends of the Haven, a non-profit 501(c)3 which provides fundraising and supportive services to the Haven, held their annual fundraising event to support treatment scholarships for women and children and general operating support. To date, 62 clients have benefited from treatment scholarships. This year's annual Gala featured former Denver Bronco Vance Johnson as the keynote speaker. Mr. Johnson shared his personal story of recovery and hope and also visited with Haven clients on three separate occasions to provide fellowship and support to women recovering from addiction.
- » Significant progress has been made with the renovation of a vacant building located on the Fort Logan campus next to the Haven Mother's House. This building will serve as transitional living for women and their children who have completed residential treatment and are continuing with aftercare services. The new house is scheduled to open in late summer 2016.
- » The Haven programs evaluated and updated practices to ensure gender responsive treatment and trauma-informed care. This year, the Haven introduced a new trauma curriculum to assist clients in grounding techniques. In June 2016, the Haven programs will receive training and an organizational assessment through Denver Human Services to assist the Haven in becoming a trauma-informed system of care.
- » Clients participated in a number of community events including: volunteering at Goodwill and ARC thrift stores; sorting and sizing children's clothing at Clothes for Kids; providing fellowship, gardening, and cleaning of the church and grounds at Horizon Christian Fellowship; speaking engagements at Collegiate Academy to help educate youth regarding addiction; and volunteer work at puppy rescues and horse ranches.
- » The Baby Haven child care center saw a 25% increase in enrollment from the previous year and is operating at capacity. The Baby Haven continues to serve community families and families in residence at the Haven. The Baby Haven is dedicated to providing quality care to a low income population (85% of current families served).
- » In 2015 teachers completed 400 hours of training or early childhood education course work. Dedication to quality improvement and teacher education is an on-going endeavor that is made possible by the generous support of a number of community partners and foundations.
- » Through the assistance of Qualistar Colorado funding, the Baby Haven installed new video surveillance and associated software in several areas including all classrooms and playground areas. The new camera system has increased safety for our children and has been used to identify classroom and teacher strengths and growth areas to help improve quality care for the children we serve.

## PEER I

Peer I is a 126-bed Therapeutic Community(TC) long-term residential substance abuse treatment program for men located on the Fort Logan campus. For 39 years Peer I has been serving adult males with chronic histories of substance use disorders and related anti-social behavior. The majority of clients are referred from the criminal justice system. Peer I addresses substance dependence, criminal behavior, co-occurring mental health disorders, and other areas of life functioning that are affected by addiction to drugs. The primary goal for Peer I is to facilitate individual changes and positive growth for each client. This goal is achieved primarily by the community of peers residing and working together to

help themselves and each other. Peer I clients assume a major role in managing the TC; serving as positive role models for other more recently admitted clients. Thus, while evidence-based interventions are incorporated into the treatment regimen, in the TC, "the community is method," meaning that much of the behavioral change evidenced in this program is achieved through the client community and milieu.

Peer I Outpatient Therapeutic Community (OTC) is a continuing care model for men from Peer I and women from the Haven who progress from the residential treatment program to a non-residential status. The Peer I outpatient component has a minimum duration of one year, or until clients fulfill their legal obligation. The primary goal of the OTC is to foster and support positive reintegration into the community. Services are gender specific and include educational and therapy groups, parenting classes and family activities. The OTC program also assists with clients with housing as they transition to the community.

### ACCOMPLISHMENTS THIS PAST YEAR:

- » Continued to increase admissions for the Department of Corrections inmates transitioning from prison-based therapeutic communities.
- » Added beds to the Transitional Housing facility for clients who graduate from residential treatment and are continuing in OTC on the grounds of Fort Logan. This component helps to stabilize program clients, especially in regards to financial obligations, prior to securing an independent living arrangement as they gradually transition back to their communities.
- » Introduced Seeking Safety, an evidence-based curriculum, designed to treat substance abuse and trauma-related issues. Program staff attended trainings on Trauma Informed Care to assist in viewing treatment through a trauma informed view and implement effective and meaningful models of care.
- » Peer I continued to place emphasis on helping clients develop a sense of community responsibility to make amends for past community transgressions as they contribute to the common good. This year, Peer I staff and client volunteers participated in several community projects to help give back to the community including:
  - Denver Annual AIDS Walk.
  - Visiting local nursing homes.
  - Performing Christmas carols in downtown Denver and distributing food and clothing to homeless individuals.
  - Assisting in community churches and homeless shelters with small-scale improvement projects.
  - Raising funds and sponsoring a child through Save the Children Foundation.
  - Providing drug education and awareness programs to local community, high school and college audiences.
  - Peer I client and staff continued to work with Denver Juvenile Probation to assist in mentoring adolescents who are under supervision for behavioral and drug and alcohol related issues.

## SYNERGY ADOLESCENT TREATMENT SERVICES

Synergy Adolescent Treatment Services is the adolescent continuum of services within Addiction Research and Treatment Services. Synergy serves adolescents with substance use, conduct and other co-occurring psychiatric disorders. Synergy emphasizes best practice of integrated treatment for substance and mental health disorders and treatment of the adolescent in the context of the family by offering psychiatric evaluation and family therapy at all levels of care. The Synergy continuum of services includes a Residential Child Care Facility (RCCF)/ Modified Therapeutic Community for adolescent males. Outpatient Services include traditional outpatient services and various evidence-based practices provided in the clinic, home and/or community including Adolescent Community Reinforcement Approach (ACRA)/Adolescent Continuing Care and Multisystemic Therapy (MST). The RCCF has a fully accredited Colorado Department of Education facility school offering core curriculum in addition to on-line course and credit recovery.

### ACCOMPLISHMENTS THIS PAST YEAR:

- » Second year recipient of a Justice Assistance Grant (JAG) which allows Synergy to continue to provide evidence-based practice for trauma-informed care (SITCAP-ART), for adolescent clients in Synergy Residential Child Care Facility and MST clients.
- » Participated in ART Garage (local non-profit) art classes for RCCF clients, which culminated with an art show where clients sold their art.
- » Participated in trainings by the TLC Institute including, "Mind & Body Skills for Emotional Regulation," and "ADHD & Trauma." Both trainings further supported Synergy's grant mission and the goal of the Colorado Department of Human Services (CHDS) to provide trauma-informed care to clients and their families.
- » Continued to partner with Denver Department of Human Services and the Kempe Center to provide AF-CBT services, a trauma-informed practice.